

Workshop choices

Please specify your first and second preferred choice of workshop for both morning and afternoon sessions.

Morning seminar/workshop: 1100–1230

		1st Choice	2nd Choice
John McGuinness & Dr Charlotte Wilson	Person centred vs. cognitive behavioural therapy	<input type="checkbox"/>	<input type="checkbox"/>
Sue Pattison & Nancy Rowland	Counselling in schools in Wales: results of a national research project	<input type="checkbox"/>	<input type="checkbox"/>
Sally Aldridge & Rebecca Mann	Regulation; Specific skills/accreditation for therapists working with children and young people; The Children Act 2004 and the Every Child Matters agenda.	<input type="checkbox"/>	<input type="checkbox"/>
Dr Kate Sillifant	Resilient to change – the impact of normal and disordered development	<input type="checkbox"/>	<input type="checkbox"/>
Joanne Morris-Smith	Transforming change for children and adolescents using EMDR	<input type="checkbox"/>	<input type="checkbox"/>
Di Gammage	Being seen on the journey	<input type="checkbox"/>	<input type="checkbox"/>
Dr Martin Newman	Helping children after a traumatic bereavement	<input type="checkbox"/>	<input type="checkbox"/>
Paula Hall	Coping with divorce and separation	<input type="checkbox"/>	<input type="checkbox"/>

Afternoon seminar/workshop: 1330–1500

		1st Choice	2nd Choice
John McGuinness & Dr Charlotte Wilson	Person centred vs. cognitive behavioural therapy	<input type="checkbox"/>	<input type="checkbox"/>
Sue Pattison & Nancy Rowland	Counselling in schools in Wales: results of a national research project	<input type="checkbox"/>	<input type="checkbox"/>
Sally Aldridge & Rebecca Mann	Regulation; Specific skills/accreditation for therapists working with children and young people; The Children Act 2004 and the Every Child Matters agenda.	<input type="checkbox"/>	<input type="checkbox"/>
Dr Kate Sillifant	Resilient to change – the impact of normal and disordered development	<input type="checkbox"/>	<input type="checkbox"/>
Joanne Morris-Smith	Transforming change for children and adolescents using EMDR	<input type="checkbox"/>	<input type="checkbox"/>
Di Gammage	Being seen on the journey	<input type="checkbox"/>	<input type="checkbox"/>
Dr Martin Newman	Helping children after a traumatic bereavement	<input type="checkbox"/>	<input type="checkbox"/>
Paula Hall	Coping with divorce and separation	<input type="checkbox"/>	<input type="checkbox"/>

Note regarding keynote speakers, seminar and workshop presenters

Our aim is for the theme and content of each conference to remain consistent but please note that the speakers and presenters at each conference may differ slightly.

Booking terms and conditions

Full terms and conditions are available at www.bacp.co.uk/events

Cancellations

Cancellations more than 6 weeks before the event will receive a full refund less £25 administration charge. Regrettably, cancellation requests after this time cannot be refunded although substitute delegates are acceptable providing BACP receive a minimum of 10 days notice.

BACP reserves the right to amend or cancel any event or event times and dates. This includes changes to speakers, content and programme.

All charges are inclusive of VAT.

Payments

Please return your completed booking form with payment to: Jessica Baxter, Events Department, BACP, BACP House, 15 St John's Business Park, Lutterworth, Leicestershire, LE17 4HB. Tel: 01455 883321 Email: jessica.baxter@bacp.co.uk

Invoicing

If your company requires an invoice please attach an official purchase order with this booking form. Payment terms are 28 days from date of invoice and in any case must be paid prior to the event.

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British Association for
Counselling & Psychotherapy

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Agenda

0900–0930	Registration/refreshments/browse exhibitors
0930–0945	Chair's welcome
0945–1030	Keynote speaker
1030–1100	Refreshments/browse exhibitors
1100–1230	Morning workshops
1230–1330	Lunch/browse exhibitors
1330–1500	Afternoon workshops
1500–1530	Refreshments/browse exhibitors
1530–1615	Keynote speaker
1615–1630	Closing thoughts and farewells

Venue information

Venue Information – London

Venue: Hotel Russell, London
Address: 1–8 Russell Square, London, WC1B 5BE
Telephone: 020 7837 6470
Webpage: www.principal-hotels.com

Boasting one of the capital's most prestigious locations, the Hotel Russell sits proudly in Russell Square, right in the heart of Bloomsbury. Following a £20 million refurbishment the hotel has been completely transformed to provide the ultimate in modern meeting facilities behind its original imposing Victorian facade.



Hotel Russell, London

The hotel is a one minute walk from Russell Square tube station and a five minute taxi journey from both Kings Cross and Euston train stations. The hotel has no onsite car parking but there are a number of NCP car parks within close proximity.



Conference Suite, Hotel Russell

Venue Information – Newcastle

Venue: Hilton Newcastle Gateshead, Newcastle
Address: Bottle Bank, Gateshead, NE8 2AR
Telephone: 0191 490 9700
Webpage: www.hilton.co.uk/newcastlegateshead

Overlooking the River Tyne, the Hilton Newcastle Gateshead hotel is an impressive and modern hotel only 10 minutes walk from the city centre. Newcastle International Airport is 20 minutes away by metro, and Gateshead metro station – just one stop from Newcastle Central station – is a five minute walk.

If you are travelling by car there are 168 parking spaces in a secure, covered car park with controlled gates under the hotel. Car parking costs are £5 for 9+ hours and £3 for overnight (6pm–8am).



Hilton Newcastle Gateshead, Newcastle

CCYP Conferences 2007/08

'Transitions: creative responses to change'

Saturday 24 November 2007, London, Hotel Russell

Saturday 9 February 2008, Newcastle, Hilton Newcastle Gateshead

 counselling children and young people

CCYP is a Division of BACP

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British Association for
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This brochure has been printed on 'Regency Satin' paper from Howard Smith Paper. 'Produced in an area of exceptional natural beauty, heavily protected by environmental legislation. It is therefore important for the mill to monitor all its environmental processes to match that of the local environment as well as national legislation. Cartiere del Garda is ISO14001 certified and only uses celluloses with an ECF bleaching process.'

Chair's welcome



Sarah Catchpole – Chair of CCYP

On behalf of the CCYP Executive Committee, I invite you to join us at our paired conferences taking place in London and Newcastle. We are breaking with tradition and offering a 'double take' enabling delegates from across the country the chance to more easily attend at least one of the conferences.

Change is currently at the heart of the counselling profession and a constant refrain of childhood, at the conferences we will explore these parallel processes. Professional issues around regulation, commissioning and training act as the weft; seminars and experiential workshops devoted to themes of childhood and significant transitions are the weave. An exciting combination of speakers, authors, practitioners and strategists will offer delegates

a rich feast of discussion and learning opportunities throughout the day.

We hope this has whetted your appetite and would encourage all members working with children and young people to come and join us for what promises to be an excellent day of exploration and learning.

Sarah Catchpole, CCYP Chair

Keynote speakers

London Conference

Dr Dorothy Rowe My mother thinks i'm still a child

Families impose on the small child their interpretation of who that child is. Some of these interpretations are stated openly and shared by all members of the family; 'She's just like her mother'; 'He's going to be a sportsman just like his dad'. Others are secret. The father may see in his son the brother he always competed with; the mother may see in her daughter a lifelong companion. Open or secret, these interpretations define the child before s/he is old enough to define her/himself. They may weigh the child down with expectations s/he can never fulfil. The child may accept the interpretations but then grow and change, and then find that the family refuses to change how it sees him. When we change, the people around us have to change too.

Dorothy is a clinical psychologist and writer who is renowned for her work on how we create meaning,

and how the meanings we create determine what we do. She writes regularly for newspapers and magazines, appears frequently in the media, and is the author of 12 books. Her latest book 'My Dearest Enemy, My Dangerous Friend' is a radical examination of what are often the most important relationships in our lives, our relationships with our siblings.

Dorothy was educated at Sydney University where she obtained a degree in psychology and a Diploma of Education. After teaching for a number of years Dorothy was offered the opportunity to train as a school counsellor (educational psychologist) and went on to become a Specialist for Emotionally Disturbed Children.



Dr Dorothy Rowe



Claire Tyler

Claire Tyler

Changing times: the challenge of delivering services that benefit children and young people

Claire is the incoming Chief Executive of Relate with a career history spanning local and central government. She joins Relate at a crucial stage in the charity's development and will share with delegates her vision for Relate as it undertakes key changes, changes reflective of developments in the counselling world and developments in Relate's portfolio of work with children and young people.

Drawing on her previous strategic roles in government youth agencies she will consider some of the upcoming challenges that services face in the delivery of

psychological therapies, with a particular emphasis on issues related to the provision of counselling and psychotherapy for the benefit of children and young people.

Claire took up her role as Chief Executive Officer of Relate in August 2007. She previously held senior positions in Government as Director of the Vulnerable Children's Group at the DfES and as Head of the Government's Social Exclusion Unit with a remit to improve service delivery for the most disadvantaged groups in society (April 2002-June 2006). Prior to this she was Deputy Chief Executive of the Connexions Unit, where she was responsible for improving the number of 16-18 years olds in education, training and employment.

Newcastle Conference

Dr Heather Geddes

Attachment, behaviour and learning



Dr Heather Geddes

Heather's presentation will outline the way in which children communicate their distress by behaviour and show that an understanding of the meaning in their behaviour can inform intervention. Attachment Theory will be the framework for understanding aspects of social and emotional development linking behaviour and engagement in learning. Examples from practice will be used to illustrate the text.

Heather is an educational psychotherapist and has worked in a variety of settings in education and in Child and Adolescent Mental Health. Her particular interest is the social, emotional and behavioural difficulties that inhibit learning. She now works privately as a therapist, supervisor and trainer and contributes to the MA Training in Educational

Psychotherapy at The Caspary Foundation. She has researched and published several articles on the subject of the links between early attachment experience and behaviour and learning in school and has published a book on the subject, 'Attachment in the classroom: working with the struggle to learn.'

Closing keynote speaker will be announced very soon Please see future advertising or visit the CCYP website www.ccyp.co.uk for further details

Seminar & workshop details

S1 – Person centred vs. cognitive behavioural therapy

John McGuinness & Dr Charlotte Wilson

The aim of this seminar is to consider and then debate the benefits and potential failings of each modality. John and Charlotte will deliver a 15-20 minute response to a case study from the perspective of their area of expertise. This will be followed by a chaired debate where delegates will be encouraged to discuss and question the responses to the case studies. It is sure to be a passionate and thought provoking seminar.

John began work as a counsellor in 1965, on being ordained a Roman Catholic priest he soon found himself totally at odds with the Vatican's theology of human sexuality, resigned from the priesthood. After teaching for a number of years John did an MA(Ed), specialising in educational and counselling psychology. After several publications in the field he entered the BPS register as a chartered counselling psychologist. John locates himself firmly in the person centred, Rogerian tradition of counselling.

Charlotte is a lecturer in Clinical Psychology at the University of East Anglia and a clinical psychologist at the Croft Children's Inpatient Unit in Cambridge. She has a long-standing interest in cognitive behavioural models and interventions for children's mental health problems, research with her doctoral research on the role of maternal cognitions and behaviour in the development of young children's behavioural difficulties. She is a long-standing member, and Chair Elect, of the British Association for Behavioural and Cognitive Psychotherapies' special interest branch for practitioners working with children, adolescents and families.

S2 – Counselling in schools in Wales: results of a national research project

Lead presenters to include Sue Pattison & Nancy Rowland

This seminar will disseminate the results from a Welsh Assembly Government funded research project that BACP, in primary partnership with the University of Newcastle, won a tender to undertake. The aims of the research are those of the Welsh Assembly Government and were 'to undertake an evaluation of the counselling services in operation across the UK in order to assess whether current counselling models used in Wales and other parts of the UK are sufficiently robust and flexible enough to apply widely throughout Wales'. The seminar will also consider the wider implications of the results of the research for counselling in schools across the UK and invite debate and feedback from delegates.

Each conference will have a lead presenter from the research to am of Sue Pattison, Nancy Rowland, Mick Cooper, Angela Couchman, Karen Cromarty, Peter Jenkins, Filiz Polat and Kaye Richards.

Sue is a lecturer and researcher at Newcastle University and has a special interest in children and young people. She also runs a small private counselling and supervision practice.

Nancy is Head of Research at BACP and her special interest is evidence based practice. She is working towards developing a research culture within the organisation and the profession, to identify and contribute to the evidence base for counselling and psychotherapy.

S3 – Regulation; specific skills/accreditation for therapists working with children and young people; The Children Act 2004 and the Every Child Matters agenda.

Sally Aldridge & Rebecca Mann

The overall aim of this seminar is to give an overview of these three topics that, whilst all originating from different sources, will have an influence on the future of therapy in the UK.

With regard to regulation delegates will be provided with the most up-to-date information on the statutory regulation of 'counselling, psychotherapy and other psychological therapies' following the White paper 'Trust Assurance and Safety', February 2007, which stated that counselling would be regulated as a priority in the Health Professions Council.

During 'specific skills/accreditation' delegates will be introduced to research which attempted to identify the specific skills of those working therapeutically with children and young people. This was done through a job analysis process and results identify some areas where therapists working with this client group require specific knowledge and skills. The findings may be useful in the potential development of specific standards.

The Every Child Matters agenda, and associated legislation embodied in the Children Act 2004, is a significant aspect of the current Government's social policy. This section of the seminar will consider the implications of the Act (such as Information Sharing, the Common Assessment Framework, and Lead Professionals) for all therapists who work with children and young people.

Sally trained as a student counsellor at the University of Keele and then worked as a counsellor and Head of Student Services at Staffordshire University. In 1999 she moved to work at BACP as Head of Accreditation, later Professional Standards. Since autumn 2006 she has been Head of Regulatory Policy.

Rebecca is a psychology graduate employed by BACP as a Quality and Standards Manager. She has worked for BACP since 2001 and has been part of the Regulatory Policy department since its inception in Autumn 2006. In this role she is engaged in a variety of projects which inform the work of the Association specifically in relation to training and maintaining standards within the profession.

S4 – Resilient to change – The impact of normal and disordered development

Dr Kate Sillifant (BSc, MBChB, MRCPsych, MMedSc, DipHSM, MD)

Developmental factors are central in determining emotional strengths and vulnerabilities. This presentation aims to broaden the perspective of participants on the impact of normal and disordered development on young peoples' abilities to manage challenges within their lives. Emotional and behavioural difficulties experienced by children and young people are explored in the context of intrinsic and extrinsic factors that can affect their development. The emotional impact of developmental disorders such as Autistic Spectrum Disorder, Attention Deficit Hyperactivity Disorder, as well as some common mental illnesses, will be considered. The presentation will be illustrated by case scenarios

Kate is a Child and Adolescent Psychiatrist and Community Team Leader of a Community Child and Adolescent Mental Health Service in Suffolk. Clinically she assesses and manages children and young people with significant mental health difficulties, often in the context of developmental disorders. Her research interests include evaluation of models of service delivery and factors that contribute to emotional and behavioural difficulties in children with epilepsy.

WS1 – Transforming change for children and adolescents using Eye Movement Desensitisation and Reprocessing (EMDR)

Joanne Morris-Smith

Crisis occurring at critical stages of development can have a devastating impact on the long term future of children and adolescents. This workshop will look at changes that occur unexpectedly to children and adolescents and how the use of EMDR therapy transforms crises using their own creative and intuitive processes leading to developmentally appropriate adaptive responses and coping strategies. It will be illustrated by the use of case examples and video clips for discussion/debate. The morning workshop is aimed at those who do not have a training in EMDR and are wanting to learn what it can do. The afternoon workshop is aimed at those who have some training in EMDR and troubleshooting its applications. Delegates and are invited to bring their own case material for discussion.

Joanne is an EMDR Europe Accredited Child Trainer. She is also an EMDR Institute Facilitator and organises specialist EMDR with children trainings. She is a consultation psychologist with 27 years' NHS experience and works with Hampshire PCT where she runs a specialised Child Trauma Clinic which spans five CAMHS teams.

WS2 – Being seen on the journey

Di Gammage

Transition can be a healthy, 'normal', exciting aspect of living. Change happens. Nothing stays the same. Yet for many children and young people transition is not a welcome experience. It is usually something over which they have little or no control, rather than an exciting move into the unknown. Often the child or young person is objectified during the transition, forgotten about, left feeling invisible by well-intentioned professionals trying to do the best for the child with limited choices. This workshop will explore this place of likely disempowerment for the child or young person and, using story, metaphor and play, seek to discover a more creative means of moving towards a more resourced and enriched place.

Di has been a drama therapist for almost 20 years and a play therapist for 15. She was one of the first trainees of play therapy studying initially at the Holborn Centre for Performing Arts and then at Roehampton University. Di taught on the Play Therapy and Drama Therapy programmes at Roehampton University for 12 years. She presently teaches on Plymouth University's Drama Therapy programme and runs a three-day introduction to Person-Centred Play Therapy in Plymouth. As a therapist, Di has worked with children who have experienced sexual abuse, children with emotional and behavioural difficulties, children with disabilities and children experiencing attachment difficulties.

WS3 – Helping children after a traumatic bereavement

Dr Martin Newman

Adults who are supporting children who have been bereaved may be unsure how to help, or where to get advice. These uncertainties may be more pronounced after a child has suffered a sudden traumatic bereavement. The session will look at children's developing understanding of the concept of death, consider issues that may arise after a traumatic bereavement, including intra-family killings, and discuss how to help the children and the network.

Martin is consultant and honorary senior lecturer in child and adolescent psychiatry to the South West London and St George's Mental Health NHS Trust and St George's, University of London. He has a special interest in children and psychological trauma, and children who have been bereaved of a parent due to intra-family killing. He is a co-editor of the textbook, 'Psychological trauma: A developmental approach', published by Gaskell, and contributed a chapter on attachment to the recently-published 'Clinician's Handbook of Child and Adolescent Psychiatry', published by Cambridge University Press. He is also an editor of the journal, 'Bereavement Care'.

WS4 – Coping with divorce and separation

Paula Hall

To help delegates understand and recognise the impact of divorce and separation on children and young people and, in particular, to see the long-term implications on young people's lives. The workshop will look, from a systemic perspective, at the changing family dynamics, including the effect of new partners, and the dynamics of young people's other relationships. There will be a particular focus on the more complex family breakdowns, for example where domestic violence, drug/alcohol issues, mental health difficulties and affairs are involved. There will also be information on age-specific reactions and a discussion of therapeutic interventions.

Paula is a UKCP registered relationship psychotherapist who works with Relate and also in private practice seeing couples, families and young people who are experiencing family change. She has written the BBC's website pages on relationships and step-parenting and is the author of the new Relate Guide 'Help Your Children Cope with Your Divorce'.

Booking form

CCYP Conferences 2007/08

'Transitions: creative responses to change'

Saturday 24 November 2007, London, Hotel Russell

Saturday 9 February 2008, Newcastle, Hilton Newcastle Gateshead



CCYP is a Division of BACP

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Personal details

Full name* _____ Job title * _____

Organisation* _____

Contact address _____
(for confirmation details to be sent)

Town / city* _____ Postcode _____

Home postcode (if different from above) _____

Telephone _____ BACP membership no. (if applicable) _____

Email address _____

* These details will be used for the delegate list and your badge Please tick box if you **do not** want your details included in the delegate packs

Specific requirements

Wheelchair accessibility required Hearing loop required
 Sign language interpreter required Large print handouts required

To help us ensure that all delegates attending the conference are able to participate fully please give details of your specific requirements _____

Please specify if you have any dietary needs or food intolerances _____

Booking details

Please tick the appropriate boxes:

Which conference would you like to attend:
 24 November 2007, London
 9 February 2008, Newcastle

CCYP member £105.00
BACP member £120.00
BACP reduced fee member £80.00
BACP student member £80.00
Non member £140.00

If you are an individual BACP member and would like to join the CCYP division free of charge please tick this box

Please note: this offer is only available to conference delegates at the point of booking, and free divisional membership will run from date of booking until your next BACP membership renewal.

Payment method

Cheque (payable to 'BACP') Credit / debit card Invoice (attach an official purchase order)

Receipts are available to download from the BACP website via the Members Area

Credit/debit payment Exp /

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House number/name and postcode of billing address (if different from contact address) _____

Name (as on card) _____ Signed _____ Date _____

I agree to abide by the booking terms & conditions (full details available at www.bacp.co.uk/events)